

For Patients

Direct Access

WHAT DOES IT MEAN FOR YOU?

Direct Access 101

The state of Illinois now has Direct Access to Physical Therapy! The law was passed on August 16, 2018.

The bill allows you to see a

**PHYSICAL THERAPIST
FOR AN
EVALUATION
& IF NECESSARY
TREATMENT
WITHOUT SEEING A DOCTOR FIRST.**

If you are in pain or are injured, you can come see a licensed physical therapist directly. You do not need to be referred by a physician.

Our licensed physical therapists are qualified to help guide you to a specialist or test if needed. Studies show that patients who access physical therapy sooner after an injury have quicker recovery times.

INSURANCE PLANS

Advanced Rehab and Cottage Rehab accepts most major insurances and local insurances. No one likes surprises. That's why we pre-certify, so you know what your co-pays or deductibles are before your first appointment.

PHYSICIAN RELATIONSHIP

Advanced Rehab and Cottage Rehab still value the patient-physician relationship, and we will communicate with your physician regarding our therapy plan for you.

AVAILABILITY

We will do our best to get you in as soon as 24-48 hours after your call. Our goal is to help relieve you of pain as soon as possible.

If you have questions whether the pain you have should be treated by a physical therapist, please reach out to your local clinic.

TAKE CONTROL.

Call today to get rid of pain and get back to your normal activities.

